



PRESIDENT'S MESSAGE: MANY PATHS TO A COMMON GOAL

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What do stress fractures, TBI, acute stroke, SCI, COVID-19 and knee pain have in common? Besides being part (but by no means all) of the bread and butter of

physiatric practice, they are the broad areas of the 6 newest research studies to be funded this year by the Foundation for PM&R. **Your donation is vital to the success of these physiatric researchers, who are the future of the field!**

If you haven't donated, I have faith in your willingness to contribute to the Foundation so that we can continue to fund pilot research. These grant awards can jumpstart a career, lead to larger research awards and ultimately reach the goal of improving the health of our patients.

Unfortunately, donations are down this year as compared to last year. If today each of you made a small or large donation, we could ensure continuation of funds for future awardees. Please ask yourself if you want the Foundation to continue its mission: surely you want to see new investigators have a shot at asking and answering important questions that we need to advance our field. **Please join me in giving and consider becoming a sustaining donor by joining the Summit Club with a gift of \$1,000 per year for 5 years - or, if you are 45 years old or younger, the Ascent Club with a monthly gift of \$20 or more.** We are all in this together - let's all do our part and invest in the future of physiatry!

CONGRATULATIONS, GRANT RECIPIENTS!

The Awards and Grants Review Committee has completed the difficult task of scoring all of the research grant applications we received and selecting those with the most solid scientific foundations and potential to benefit the field. The quality of the Materson grant applications was especially high this year, which is great news - some excellent young investigators are joining the field! This year's winners are as follows:

Materson ERF New Investigator Award

- **Dr. Alexandra Beling**, Harvard/Spaulding, "Relationship of tibial bone perfusion to stress fracture healing outcomes"
- **Dr. Nicholar Race**, UPMC, "Social relationship status and serotonergic dysregulation contributions to unhealthy social behavior and impaired stress management after TBI"
- **Dr. Elliot Block**, Casa Colina, "EEG biomarkers of motor (and cognitive) recovery following Transcutaneous Auricular Vagus Nerve Stimulation (taVNS) in Acute Stroke Patients: a preliminary study"

Midcareer Investigator Research Grant

- **Dr. Andreanne Richard-Denis**, Hospital du Sacre-Couer de Montreal, "Using a point-of-care electrophysiological method to accelerate the detection of neurogenic bladder dysfunction and improve prognosis of neurofunctional recovery after acute spinal cord injury"

Nadler PASSOR Musculoskeletal Research Grant

- **Dr. Daniel Herman**, UC-Davis, "Effect of COVID-19 Infection on Neuromuscular Control Factors Related to Musculoskeletal Function - A Pilot Study"

Pain Management and Spine Care Research Grant

- **Dr. Roger Luo**, Rutgers University, "Phenol Neurolysis for the Treatment of Osteoarthritic Knee Pain"

The grant awards will be presented at the Donor Appreciation Reception on Thursday, November 16 at 7:30 PM in the Hilton Riverside Hotel, New Orleans.

Many thanks to the tireless efforts of our reviewers and especially to our co-chairs, Andy Sherman and Elliot Roth, without whom this vital part of the Foundation's mission could not be achieved: Drs. Matthew Bartels, Bruce Becker, Sheila Dugan, Lynn Gerber, Amy Houtrow, Prakash Jayabalan, Kevin Murphy, Joel Press, Betsy Sandel, Adam Tenforde, Greg Worsowicz, Michael Yochelson and Patricia Zheng.

MAUREEN NELSON, MD TO BE HONORED

Dr. Maureen Nelson has been selected to receive this year's Gabriella Molnar Pediatric PM&R Lifetime Achievement Award. Dr. Nelson is Professor of Pediatrics and PM&R at Baylor College of Medicine and medical director, pediatric physical medicine & rehabilitation at Seton Healthcare Network.



For more than 3 decades, she has contributed to physiatric knowledge of brachial plexus injury and recovery in children. Her research and publications also include important work in adaptive sports and recreation as well as electrodiagnosis. Dr. Nelson has also taught more than 600 residents in PM&R. She was selected for this award to recognize her strong leadership and mentorship abilities as well as her tireless quest to better the lives of the children with disability. The Award will be presented at the Donor Appreciation Reception on Thursday, November 16 at 7:30 PM in the Hilton Riverside Hotel, New Orleans.

DEBATE: AI IN MEDICAL PUBLISHING

Drs. Adam Tenforde and Thiru Annaswamy will consider the pros and cons of artificial intelligence in medical publishing during the annual Proof of the Pudding Debate. Dr. Annaswamy says: **“ChatBot AI is already being used by PM&R physicians and its use is growing exponentially in multiple areas of professional life.** One example is reducing burden in assisting with writing letters of medical necessity which helps mitigate burnout, a high priority focus in improving health and wellness of physiatrists. I am in support of increasing use of Chatbot AI services in the professional life of physiatrists as long as it is transparent and ethical.” Come find out how Dr. Tenforde responds! The debate will take place on Friday, November 17 from 12:30-1:30 PM at the Ernest Morial Convention Center, New Orleans (in conjunction with the AAPM&R Annual Assembly.) There is no charge for this session for registered meeting attendees. Dessert and coffee will be served.



PLAN TO JOIN US THIS FALL

On Friday, November 17 we will run along the beautiful Mississippi River to raise money for psychiatric research. You can participate at any time during the week of November 11-18; just register by noon on Friday and submit your time by 5:00 PM EDT. You can sign up to participate when you register for the AAPM&R Annual Assembly, or contact panderson@foundationforpmr.org for a registration form



Residency Program Challenge

Want to foster team spirit among your residents, along with a little friendly competition with other residency programs? The Foundation for PM&R is holding a Residency Program Challenge in conjunction with our Rehab 5k Run/Walk & Roll.

Prizes are offered for: Fastest Team (avg of top 3 runners), Largest Team, Most Team Spirit (based on social media posts) and Most Money Raised (this is a fundraiser for psychiatric research.) There is

a \$100 team participation fee that is usually paid by the program; each team member must also register for the race (\$25 fee per person.)

To join in the Challenge, make a \$100 donation at www.foundationforpmr.org/donate-now, indicating the name of your program's team. If you have any questions, contact Phyllis Anderson at panderson@foundationforpmr.org or call 847-737-6062. This is a fun and exciting event for a good cause - we hope you will join us!



HONORING DR. GAIL GAMBLE WITH A DONATION MATCH

Nearly every physiatrist involved in cancer rehabilitation has been positively affected in some way by Dr. Gail Gamble, a pioneer in cancer rehabilitation. Dr. Sam Shappap, co-chair of the Cancer Rehabilitation Research

Fund, says: "I consider Gail Gamble the modern day mother of Cancer Rehabilitation. Not only did she help establish and advance the field with her clinical expertise and research contributions, she provided advice, guidance and support for many of the current leaders in the field. She continues to be a role model that many of us try to emulate. In her honor and in gratitude for her leadership, I am supporting the Cancer Rehabilitation Research Fund, and I hope you will, too."

In 2017, Dr. Gamble decided to invest in the future of cancer rehabilitation by making a major gift to launch the Foundation's Cancer Rehabilitation Research Fund. The Fund currently has \$58,000; our goal is to raise a total of \$250,000 so that it can support an annual cancer rehabilitation research grant in perpetuity.

Dr. Martin Wice chose to honor Dr. Gamble and help realize her dream of supporting cancer rehabilitation research by offering a \$10,000 match grant for all donations made to the Foundation's Cancer Rehabilitation Research Fund by December 31, 2023. Make a gift now to double your money!

Please donate using the button below, or mail a check to: Foundation for PM&R, 9700 W. Bryn Mawr Ave., Suite 200, Rosemont, IL 60018. Please indicate "Gamble Cancer Fund" on the memo line so we can apply your contribution accordingly. Thank you!

DONATE NOW >

FALL FUND DRIVE UNDERWAY NOW!

Every fall, the Foundation for PM&R asks our contributors to renew their support of psychiatric research. Without your donation, we can't continue to support 8-10 career-changing grants every year!

The psychiatric investigators who get Foundation funding need it to obtain pilot data that leads to larger grants from other agencies.

Foundation grant recipients have reported leveraging data from a \$10,000 pilot grant to secure up to \$8 million in NIH funding! It's efforts like these that drive the evidence base of the field, advance and improve the care we provide, and pave the way for the future of psychiatry. [Please give generously today!](#)