



PRESIDENT'S MESSAGE: TIME TO SAY GOODBYE

Diana D. Cardenas MD, MHA

This will be my last “President’s Message” since I will step down after two years as President of the Foundation at the end of the Academy meeting in November 2023,

in New Orleans. I have enjoyed being able to express my thoughts to you in short (and sometimes longer) essays about various topics such as the war in Ukraine, saving Egyptian temples, how to participate in research, how to influence health care policies, how we share common ground, and what we might anticipate the future of medicine to look like in this age of technology. In my essays I have tried to “ring the bell” for what we do as psychiatrists while asking you to participate in our effort to raise monies to fund pilot studies for psychiatry researchers.

The Foundation for PM&R was established in 2002 and its goal is to support research in psychiatry, create opportunities for investigation, support investigators, and partner with other organizations to increase research capacity. **The \$2 million we have provided thus far for pilot studies has resulted in approximately \$25 million in additional research support from federal agencies including the NIH, and other major research funders including industry.**

I am proud of what our field has accomplished and am hopeful about what the future holds for our field. I have been honored to serve with our team on the Foundation’s Board and privileged to have had the opportunity to meet some of the new investigators who are carrying the torch for research that the Foundation has lit. **Thank you for your support of the Foundation and thank you to all the volunteers, to the entire Board of Directors, to Phyllis Anderson, our Executive Director, and to Daisy Bank, our development consultant.**

THANK YOU, DR. BRUCE BECKER!

Heartfelt thanks and deepest appreciation go out to donor, leader and Foundation friend, Dr. Bruce Becker. Dr. Becker is not only a dedicated contributor to the Foundation who has ascended to the

Gold Level Visionary Circle this year, but he has served on the Board of Directors for 10 years and is completing his term as Past President. We are grateful to Dr. Becker for everything he has done to advance the Foundation and the field of physiatry!



NEW PRESIDENT AND VICE PRESIDENT

At the Board of Directors meeting on November 15, the Foundation for PM&R will welcome two new officers.

Ross Zafonte, DO, President - Dr. Zafonte is Earle P. and Ida S. Charlton Professor and Chairman of the Department of Physical Medicine and Rehabilitation at Harvard Medical School. He also serves as chief of Physical Medicine and Rehabilitation at Massachusetts General Hospital, Brigham and Women's Hospital, as well as Senior Vice President Medical Affairs Research and Education at Spaulding Rehabilitation Network. His textbook ("Brain Injury Medicine: Principles and Practice") is considered one of the standards in the field of brain injury care. Dr. Zafonte's work is presently funded by the NIH, DOD and NIDRR, and he is currently directing several large clinical treatment trials. He has published extensively on traumatic brain injuries, spasticity, and other neurological disorders, and is an internationally known speaker on those topics. Dr. Zafonte received the AAPM&R Walter Zeiter Lectureship as well as the AAP Distinguished Academician Award.

Elliot J. Roth, MD, Vice President - Dr. Roth is Chair, Department of Physical Medicine and Rehabilitation and Paul B. Magnuson Professor of Rehabilitation Medicine at Northwestern University Feinberg School of Medicine. He also serves as attending physician at Shirley Ryan AbilityLab's Brain Innovation Center, Director of the Rehabilitation Research and Training Center on Community Living for People with Physical Disabilities, and Rehabilitation Medicine Chair at Northwestern Memorial Hospital. Previously, he served as

Senior Vice President and Medical Director for the Rehabilitation Institute of Chicago (now Shirley Ryan AbilityLab) and a member of the Board of Directors of Access Living Chicago. He also serves as Editor-in-Chief of *Topics in Stroke Rehabilitation*, member of the Editorial Board of *Archives of PM&R*, and he has been active on multiple committees of the AAPM&R as well as co-chair of the Foundation's Awards and Grants Review Committee and a member of our Research Capacity Building Task Force. Dr. Roth was recognized with the AAPM&R Distinguished Clinician Award.



RESEARCH GRANTS AVAILABLE DECEMBER 1

The Foundation for PM&R has several grants available in our spring 2024 cycle, with an application deadline of May 1. Information about them can be found on the Foundation website (www.foundationforpmr.org/research-grants-2/); applications must be submitted online at <https://foundationforpmr.submittable.com/submit>. Opportunities include:

- **Encompass Midcareer Investigator Grant** - One grant of \$20,000 for an experienced psychiatric investigator to pursue a new line of inquiry. *Special thanks to Encompass for their ongoing support of this grant!*
- **Richard Materson ERF New Investigator Grant** - Up to 3 career-development grants of \$10,000 each for a research project by a psychiatric investigator 5 years or less out of training (residency or fellowship).
- **Gabriella Molnar Pediatric PM&R Research Grant** - One grant of \$10,000 for a pilot study in pediatric rehabilitation.
- **Scott Nadler PASSOR Musculoskeletal Research Grant** - One grant of \$30,000 for a pilot study in musculoskeletal rehabilitation.

- **NEW! Tactile Medical Cancer Rehabilitation Research Grant** - One grant of \$10,000 for research in rehabilitative care of cancer patients. *Special thanks to Tactile Medical for their support of this grant!*

Questions about our research grants program can be directed to Phyllis Anderson, panderson@foundationforpmr.org or 847-737-6062.

FOUNDATION EVENTS AT AAPM&R ANNUAL ASSEMBLY

Summit Club Lounge, Thursday and Friday 9:00 AM-4:00 PM, Saturday 9:00 AM-12:00 Noon, Ernest Morial Convention Center in front of the Exhibit Hall - All ECLC members are invited to this VIP area with seating and coffee for Summit Club Donors (who pledge \$1,000 or more/year for 5 years, listed below) and Ascent Club members (donors age 45 and under who sign up for a monthly gift of \$20 or more, also listed below.)

Researcher Q&A in the Summit Club Lounge - Past Foundation research grant recipients will be available to answer your questions about their work and how they got into research.

Thursday, November 16

11:00 AM - Dmitry Esterov, MD, brain injury research

12:00 PM - Stacy Suskauer, MD, pediatric rehabilitation research

Friday, November 17

11:00 AM - Adam Tenforde, MD, musculoskeletal rehabilitation research

12:00 PM - Sean Smith, MD, cancer rehabilitation research

Saturday, November 18

11:00 AM - Heidi Prather, DO, sports medicine research

Foundation Booth, #552 in Ernest Morial Convention Center Exhibit Hall - Register for the Rehab 5k event and pick up your race packet; learn about applying for the research grants we offer; meet Board members and make a donation.

Thursday, November 16 11:30-2:30 PM and 5:00-7:00 PM

Friday, November 17, 8:00 AM-2:00 PM

Saturday, November 18, 8:00 AM-1:30 PM

Donor Appreciation Reception, Thursday 7:30-9:00 PM, Windsor Room, Riverside Hilton Hotel - The Foundation's research grants and Molnar Pediatric PM&R Lifetime Achievement Award will be presented. Cocktails and hors d'oeuvres will be served. All are highly encouraged to attend.

Rehab 5k Run/Walk & Roll and Residency Program

Challenge, Friday, November 16 6:30-8:00 AM, Canal Place

Proof of the Pudding Debate, Friday, November 16 12:30-1:30

PM, Room 211, Ernest Morial Convention Center – Drs. Thiru Annaswamy and Adam Tenforde will debate the merits and risks of using AI in medical publishing.

Presentation of Nadler PASSOR Research Grant Findings,

Saturday, November 17, Room R08-09, Ernest Morial Convention Center

10:45 AM-12:00 Noon, Eric Wisotzky, MD

3:00-4:15 PM, Daniel Cushman, MD

Video Awards Presentation, Saturday, November 17 1:30-2:45

PM, Great Hall A-D, Ernest Morial Convention Center – Our research grants and awards will be included in the AAPM&R video presentation of awards.

THANK YOU, LEGACY SOCIETY MEMBERS

Legacy Club members have included the Foundation in their estate plans to make a lasting impact on the field of PM&R.

Bruce E. Becker, MD

Randall L. Braddom, MD

Bruce M. Gans, MD

Lynn Gerber, MD

Erwin G. Gonzalez, MD

John L. Melvin, MD, MMSc

Kevin P. Murphy, MD

John Whyte, MD, PhD

ASCENT CLUB MEMBERS

Ascent Club members are young psychiatrists (age 45 and under) who support the Foundation and psychiatric research with an automatic recurring monthly gift of \$20 or more.

Viswanath Aluru, MD

Glendaliz Bosques, MD

Joline Brandenburg, MD

Cole Cheney, MD

George Chritolias, MD

Laura Deon, MD

Colin Franz, MD

Ekta Gupta, MD

Ryan Solinsky, MD

Adam Tenforde, MD

Eric Wisotzky, MD

SUMMIT CLUB MEMBERS

Summit Club members are philanthropic psychiatrists who pledge to donate at least \$1,000 per year for five years, providing significant sustaining support for psychiatric research.

Felicia Ambrose, MD, MS

Thiru M. Annaswamy, MD

Bruce E. Becker, MD

Kathleen R. Bell, MD

Randall L. Braddom, MD, MS

Robynne G. Braun, MD, PhD

Diana D. Cardenas, MD, MHA

Larry H. Chou, MD

Dexanne B. Clohan, MD

Robert P. Christopher, MD

Daniel Cushman, MD

Sheila A. Dugan, MD

Jeffrey S. Englander, MD

Alberto Esquenazi, MD

Steven D. Feinberg, MD

Steven R. Flanagan, MD

Walter R. Frontera, MD, PhD

Gail L. Gamble, MD

Bruce M. Gans, MD

Lynn H. Gerber, MD

Erwin G. Gonzalez, MD

Eugen M. Halar, MD

Mark A. Harrast, MD

Daniel C. Herman, MD, PhD

Cindy B. Ivanhoe, MD

Cherry C. Junn, MD

Nandita S. Keole, MD

Heakyung Kim, MD

Jonathan S. Kirschner, MD

Linda E. Krach, MD

Brad G. Kurowski, MD, MS

Myron M. LaBan, MD

Francis P. Lagattuta, MD

Rosa M. Materson

Samuel Mayer, MD

John L. Melvin, MD

Lisa A. Merritt, MD

William F. Micheo, MD

Donna E. Moore, MD
Jeffrey B. Palmer, MD
Jairo O. Parada, MD
Amish M. Patel, DO
Elaine L. Pico, MD
Heidi Prather, DO
Joel M. Press, MD
Kristjan T. Ragnarsson, MD
Nanjappareddy Reddy, MD
Stephen G. Rees, MD
Robert J. Rinaldi, MD
Keith M. Robinson, MD
Elliot J. Roth, MD
Elizabeth Sandel, MD
Andrew L. Sherman, MD
Hilary C. Siebens, MD
Gwendolyn Sowa, MD, PhD
David P. Steinberg, MD
Michael D. Stubblefield, MD
Elizabeth Varghese-Kroll, MD
Carol Vandenakker Albanese, MD
Mary M. Vargo, MD
John Whyte, MD, PhD
Faren H. Williams, MD, MS
Sam S. Wu, MD, MPH, MBA
Michael R. Yochelson, MD, MBA
Ross D. Zafonte, DO

[DONATE NOW >](#)