

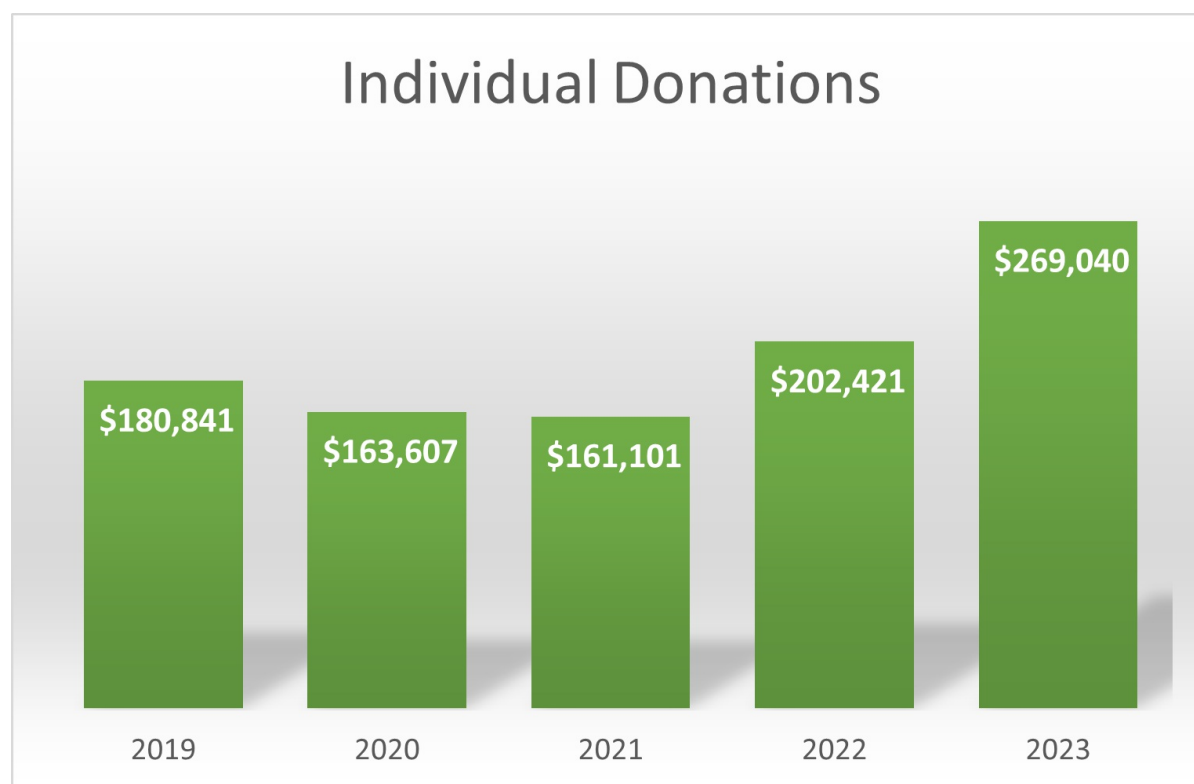
**The Foundation for PM&R:
Committed to Transformative
Research**
By Ross Zafonte, DO, President



As we move forward into an era marked by rapid advancements in medical technology and practice, the Foundation for Physical Medicine & Rehabilitation remains committed to fostering transformative research that not

only propels our field forward but also ensures its vital role in the broader national medical landscape. Your contributions have been, and continue to be, crucial in driving clinical applications that improve patient care and enhance the quality of life for those we serve. Here's how your support is making a difference and how you can stay involved:

- **Rehab 5k Event:** Our upcoming Rehab 5k is more than just a race—it's a celebration of our collective efforts in advancing rehabilitation medicine. **Join us for a day of fitness, fun, and fundraising!** Your participation helps fund innovative research projects and promotes awareness in our community. *(See article below.)*
- **Thank You to Our Grant Reviewers:** A heartfelt thank you to our dedicated grant reviewers whose rigorous evaluations ensure that only the most promising and impactful research proposals receive funding. Your expertise and commitment are invaluable to our mission. **Special recognition goes to: Drs. Matthew Bartels, Bruce Becker, Sheila Dugan, Lynn Gerber, Amy Houtrow, Kevin Murphy, Joel Press, Elliot Roth, Elizabeth Sandel, Andrew Sherman, Adam Tenforde, Greg Worsowicz, Michael Yochelson and Patricia Zheng.**
- **Spring Fund Drive Success:** Thanks to your generous donations, our spring fund drive was a resounding success! We surpassed our fundraising goals, enabling us to allocate additional resources to critical research initiatives. The accompanying graph illustrates our fundraising progress over the last 5 years.



Every donation, every volunteer hour, and every step in our events contributes to the advancement of physical medicine and rehabilitation. Together, we are driving innovation, enhancing patient care, and solidifying our field's presence in the national medical community. **Thank you for your continued support and dedication!**

Rehab 5k is Coming!

Friday, Nov. 8, 6:30 AM



Mark your calendar for this year's Rehab 5k Run/Walk & Roll, which will take place along the waterfront in San Diego (in conjunction with the AAPM&R Annual Assembly.) Make sure you take advantage of the early bird discount on registration!

- **Residency Program Challenge** – Once again, we will give residency programs the opportunity to compete for prizes.
- **FREE registration** – All Ascent Club members get free registration to the Rehab 5k event this year. See article below to join.



Welcome, New Physiatriy Foundation



Recently, the Association of Academic Psychiatrists launched a new **Physiatriy Foundation to support**

educational scholarships to various AAP programs including the Annual Meeting, PAL and RMSTP Programs, Public Policy & Advocacy Training, and more. We applaud them on their efforts to make education more widely available to psychiatrists and those in training.

The **Foundation for PM&R** – an independent 501(c)(3) charitable organization founded in 2002 – remains the **ONLY foundation dedicated to supporting**



PHYSIATRIC RESEARCH. With your support over the last 20+ years, we've supported more than 125 psychiatric research projects with over \$2.0 million in funding.

We hope you will support both organizations to advance the field of psychiatry!

[DONATE NOW](#)

Join the Club!

The Foundation for PM&R has a new group for psychiatrists who recognize the need for more evidence- and outcomes-based psychiatric

research as well as expanded research capacity.



The Ascent Club is exclusive to physiatrists age 45 or under who make a monthly gift of \$20 or more. Members receive special recognition in our publications, on our website, and at all meetings, plus access to our private lounge at the AAPM&R Annual Assembly, where you can get some coffee or tea and connect with friends and colleagues between sessions, plus free registration to the Rehab 5k.

If you would like to be recognized as a physiatrist who cares about and supports vital research, please contact Phyllis Anderson, Executive Director (panderson@foundationforpmr.org or 847-737-6062) to sign up today! Then wear your Ascent Club ribbon proudly at national psychiatry meetings to let your colleagues know you care. Thank you!

Find the Foundation Online

Find news and updates about the Foundation for PM&R and psychiatric research by following our social media accounts.



Facebook: FoundationforPMR

Instagram: foundation4pmr

X (Twitter): F4PMR

LinkedIn: Foundation for PM&R

You can also find videos about psychiatric research issues on our YouTube channel

at: https://www.youtube.com/channel/UCvtViFtBRd0dExw4V__3HNQ.

DONATE NOW