

## **At a Crossroads** **By Ross Zafonte, DO, President**



We at the Foundation for PMR are deeply grateful for your past generosity, which has been the bedrock of our achievements. With your support, we have made significant strides in jump-starting critical PM&R (Physical Medicine and Rehabilitation) research, leading to ground-

breaking advancements that have already begun to transform clinical practice. **Our funded projects have not only pushed the boundaries of PMR but have also demonstrated tangible success, bringing hope and improved outcomes to countless individuals.**

We now find ourselves at a crossroads. The challenging times we face have placed unprecedented pressure on both our clinical and research operations. Despite these obstacles, our commitment to advancing PMR remains unwavering. But **to continue our vital work, we need your help more than ever.**

**By investing in the Foundation for PMR, you are not just supporting research: you are investing in a future where innovative treatments and therapies can revolutionize patient care.** The return on your investment is profound, impacting the field and enriching lives—including your own. Your contribution will ensure that we can navigate these difficulties and continue making life-changing discoveries.

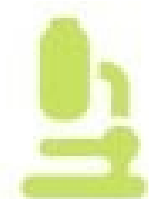
Please consider renewing your support today. Together, we can secure a brighter future for PMR and those it serves. You have my heartfelt gratitude!

**DONATE NOW**

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## **Research Grant Funding Support Available**

The Foundation for PM&R provides vital pilot funding for psychiatric researchers. Our spring 2024 cycle is now open



with an application deadline of May 1. Information about the grants can be found on the Foundation website ([www.foundationforPMR.org/research-grants-2/](http://www.foundationforPMR.org/research-grants-2/)); applications must be submitted online at <https://foundationforPMR.submittable.com/submit>. Opportunities include:

***Encompass Midcareer Investigator Grant*** - One grant of \$20,000 for an experienced physiatric investigator to pursue a new line of inquiry. Special thanks to Encompass for their ongoing support of this grant!

***Richard Materson ERF New Investigator Grant*** - Up to 3 career-development grants of \$10,000 each for a research project by a physiatric investigator 5 years or less out of training (residency or fellowship).

***Gabriella Molnar Pediatric PM&R Research Grant*** - One grant of \$10,000 for a pilot study in pediatric rehabilitation.

***Scott Nadler PASSOR Musculoskeletal Research Grant*** - One grant of \$30,000 for a pilot study in musculoskeletal rehabilitation.

***Tactile Medical Cancer Rehabilitation Research Grant*** - One grant of \$10,000 for research in rehabilitative care of cancer patients. Special thanks to Tactile Medical for their support of this grant!

Questions about our research grants program can be directed to Phyllis Anderson, [panderson@foundationforPMR.org](mailto:panderson@foundationforPMR.org) or 847-737-6062.

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## Call for Nominations

Do you know a pediatric physiatrist who has made extraordinary contributions to pediatric rehabilitative care, research and/or education? Nominate them for the Gabriella Molnar Pediatric PM&R Lifetime Achievement Award by sending a letter describing why you think they should be considered, along with a copy of their CV, via email to [panderson@foundationforpmr.org](mailto:panderson@foundationforpmr.org). Nomination deadline is April 15.



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## Thank You, New Donor Club Members!

Many thanks to the donors who moved into a higher level in our donor recognition program with their generous gifts in 2024:

***New Gold Level-Melvin Circle Donors (Cumulative gifts of \$100,000 or more)***



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***New Silver Level-Patrons Club (Cumulative gifts of \$10,000-  
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**You Don't Need A Lab**

... **to advance psychiatric research!** There are many ways to support research through the Foundation for PM&R:



**Volunteer** – Our volunteer-driven committees always welcome new members, especially in research grant review.

**Spread the word** – Call the Foundation office to request a 20-min Zoom presentation for the residents and faculty in your department about the research grants program and how they can apply.

**Build awareness** – Stop by the Foundation booth at the AAP and AAPM&R annual meetings to get a Donor badge and wear it proudly! Let your colleagues know that you support the Foundation for PM&R.

**Donate!** Individual donations from psychiatrists like you are the

primary source of funding for the Foundation for PM&R. There are many ways to give:

**Join the Summit or Ascent Clubs** – Summit Club members pledge to donate \$1,000 or more every year for 5 years; the Ascent Club is for psychiatrists age 45 and younger, who sign up for monthly contributions of at least \$20.

**Donate your annual RMD or appreciated stock** – You can realize tax benefits by donating your annual required minimum distribution (over age 70) from your retirement account, or stock that has appreciated in value. Contact the Foundation Executive Director, Phyllis Anderson, at 847-737-6062 or [panderson@foundationforpmr.org](mailto:panderson@foundationforpmr.org) to find out how.

**Direct a gift from your DAV** – If you or your family has a donor advised fund, you can direct your fund manager to make a gift to the Foundation.

**Make a legacy gift** – If you include the Foundation for PM&R in your estate plan - either with a fixed gift or percent of your estate, or by naming the Foundation as beneficiary on a life insurance policy or annuity – you can join our Legacy Society. Contact the Foundation Executive Director, Phyllis Anderson, at 847-737-6062 or [panderson@foundationforpmr.org](mailto:panderson@foundationforpmr.org) for more information, and talk to your financial advisor.

**Contribute now! Click on the link below or scan the QR code to make a gift today.**

[www.foundationforpmr.org/donate-now/](http://www.foundationforpmr.org/donate-now/)



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You can also find videos about psychiatric research issues on our  
YouTube channel

at: [https://www.youtube.com/channel/UCvtViFtBRd0dExw4V\\_\\_3HNO](https://www.youtube.com/channel/UCvtViFtBRd0dExw4V__3HNO).

